Codebook for the *medical* Dataset

**Data Description**

The HELP study was a clinical trial for adult inpatients recruited from a detoxification unit. Patients with no primary care physician were randomized to receive a multidisciplinary assessment and a brief motivational intervention or usual care, with the goal of linking them to primary medical care. (Source: <https://nhorton.people.amherst.edu/help/>)

**Format**

The dataset includes the following variables from 246 applicants:

|  |  |
| --- | --- |
| **Variable** | **Description** |
| id | Patient ID |
| age | Patient’s age |
| sex | Patient gender: male or female |
| race | Patient race group: black, Hispanic, other, or white |
| homeless | Whether patient is homeless: homeless or housed |
| substance | Primary substance of abuse: alcohol, cocaine, or heroin |
| avg\_drinks | Average number of drinks per day, during the last 30 days |
| max\_drinks | Maximum number of drinks per day, during the last 30 days |
| suicidal | Whether patient had thoughts of suicide in last 30 days: yes or no |
| treat | Whether patient was accepted to HELP Clinic: yes or no |
| physical1 | Physical score at baseline (lower scores indicate worse status) |
| mental1 | Mental score at baseline (lower scores indicate worse status) |
| depression1 | Depression score at baseline (high scores indicate more depressive symptoms) |
| physical2 | Physical score after 6 months |
| mental2 | Mental score after 6 months |
| depression2 | Depression score after 6 months |